



UNIVERSAL Ballroom CENTER
 41 E Crescent Blvd
 Collingswood NJ
 856 869 0010
 www.universalballroomcenter.com

Foxtrot, May/June 2022

We have a basic amalgamation which we will alter to change it from bronze to silver.

Our priorities need to focus on frame, posture, timing, accommodating our partners.

FIGURE	ALIGNMENTS	TIMING	SIDE LEADS	TECHNIQUE	TIPS FOR LADY
Feather S RR	DC	S QQ	L Side lead into QQ OP		Roll through each weight change and extend head L
Reverse turn S LL S RR	DC-DW	S QQ S QQ	L Side lead on fi- nal QQ OP	Turn on 1st S in order to accom- modate the lady's heel turn	2nd Q is 'foot first'
3 step S LL	DW	S QQ	R side lead, head L	No rise	Roll through each weight change and extend head L
Natural weave S RLLSRR	DW-DW	S QQ QQ QQ	L Side lead on fi- nal QQ OP		Roll through RF & LF and extend head L
3 step S LL	DW (can curve to LOD)	S QQ	R side lead, head L	No rise	Roll through each weight change and extend head L
Natural turn S RR	DW-bking LOD	S QQ		Turn on 1st S in order to accom- modate the lady's heel turn	2nd Q is 'foot first'
Impetus turn S LS	Bking LOD— bking D new C	S QQ		Close quickly w knees bent, then rise and swivel	Extend head L on 2nd Q
Feather finish S RR	Bking DC-facing LOD	S QQ	L Side lead into QQ OP		Roll through RF and LF and extend head L
3 step	LOD	S QQ	R side lead, head L	No rise	Roll through each weight change and extend head L
Feather step	LOD	S QQ	Use L side lead		Roll through each weight change and extend head L