

silver international

Waltz

This is the silver international amalgamation for winter/spring 2022. All the figures are NDCA compliant for silver level.



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	FIGURES	TIMING	ENDING ALIGNMENT	
1	Natural spin turn	123 456	Bking DC	Turn the entire body in one piece —do not turn the arms
2	Reverse turning lock to PP	1+23	PP DW	Lopwer strongly to start
3	Reverse wing ended LOD	1 (23)	OP LOD	Large step on one w part weight change
4	Double reverse spin	1 2 (3)	LOD	
5	progressive chasse to R	12+3	Bking DW	Close quickly on +, then feel the weight on that foot
6	Backward lock	12+3	Bking DW	
7	Impetus to PP	1(+) 2 3	Pointing DC	Body rotation to LOD for man Lady R side is fwd to man
8	Reverse cross hesitation	1 (23)	Bking DW	Rise, look at lady Ladies, close feet on 3
9	Back lock	1 2+ 3	Bking DW	Keep side lead
10	Back turning whisk	1 2 3	Feet D to new W	Turn! End w shoulder line parallel to wall
11	Chasse from PP	1 2+3	DW	Lead the lady to turn inward by using the hips
12	Natural hesitation change	1 2 3 4 +(5 6)	DC	Heel pull means pull the heel
13	Telemark to PP	1 2 3	Pointing DW	Ladies, complete the heel turn, then continue to turn the shoulders
14	Wing from PP	1 (23)	DW	Close slowly Ladies keep the head continuing leftwards
15	Double reverse spin	1 2 3+	DW	Time to decide whether you need a progressive chasse to R to get into the corner
16	Turning whisk	1 2 3	D to new W	Keep shoulders facing W